

# 2022

# Annual Report

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**OLDE FORGE**  
COMMUNITY RESOURCE CENTRE

Charitable # 10779 4000 RR0001



**Connecting People and  
Creating Communities**

**2730 Carling Ave  
Ottawa, ON  
K2B 7J1**

**613-829-9777  
[info@oldeforge.ca](mailto:info@oldeforge.ca)  
[www.oldeforge.ca](http://www.oldeforge.ca)**

# About Us

Olde Forge Community Resource Centre is a not-for-profit, charitable organization governed by a Volunteer Board of Directors. Programs and services are implemented and overseen by a team of skilled staff and supported by an incredible group of volunteers. As a Community Support Agency, we help people find solutions to social issues by providing information and services or by referring to other community agencies. We provide programs and services to seniors and adults with physical disabilities in our area that include:

- Transportation Services • Home Help • Luncheon Program • Income Tax Assistance
- Grocery Support • Virtual Programming • Adult Day Programs • Foot Care Clinics
- Snow Removal • Recreation • Friendly Visiting/Telephone Assurance • Home Maintenance
- Information and Referral Services

## OUR MISSION

Empowering older adults and people with physical disabilities to maintain their independence through advocacy, referral and support services.



# Meet the Team

## OUR STAFF

Colleen Taylor- Executive Director  
Elizabeth Parcher- Senior Manager  
Emily Angel- Marketing/Communications

### COMMUNITY SUPPORT SERVICES

Karen Toll- Coordinator,  
Vanessa Jackson- Coordinator  
Scott Roscoe- Manager, Day Programs  
Azra Temple- Manager, Recreation  
Deborah Davis, Recreation Assistant  
Sonia Lall- Program Assistant  
Ray Brisebois-Program Assistant  
Marrie Rappos- Coordinator, Transportation  
Liam Molloy-Coordinator



## BOARD OF DIRECTORS 2022-2023

Chair: Joel VanSnick  
Vice-Chair: Sheila Gariepy  
Treasurer: Liddell Malan-Bennett  
Secretary: Janice Bridgewater  
Past Chairperson: Rod Vanier  
Directors:  
Alex Cullen  
Carole Gagnon  
Catherine Farrow  
Meghan O'Halloran  
Sandra Crocker  
Carol Doyle

## VOLUNTEER AWARDS

We would like to recognize the following volunteers for their dedication and outstanding contributions to the Olde Forge community.

### Volunteer of the Year

*Cathy Hendley*

Barb Lajeunesse  
Community Builder Award

*Brenda Faulkner*



# A Message from the Executive Director



Dear Friends,

I am delighted to share with you our 2022-2023 Annual Report. It is always a pleasure to highlight The Olde Forge's outstanding achievements and positive impact in our community. This past year, the Olde Forge combined innovative solutions with some "tried and true" techniques to continue to meet the needs of our community. We always put our best foot forward to fulfill our vision to "Connect People and Create Community".

Our Annual Report is an opportunity to celebrate our accomplishments and showcase the outcomes of funder, donor, and volunteer contributions. It is also a time where we remind ourselves that our work not only benefits seniors, people with disabilities, and community members, but also plays a pivotal role in supporting our health care system. Each person we keep out of hospital or long-term care with our services means that more space is available for those who really need to be there.. And for every senior we help, we are also relieving pressure on a family caregiver as well. Enabling seniors and people with disabilities to live and age well at home and in our community is something we are immensely proud of!

The pages of this report highlight some of the accomplishments, events and statistics we are most proud of and the people that made them happen. Every number and photo is a testament of our service to you, our community.

The 2022-2023 year brought us both challenges and blessings. We re-opened our doors to events including the bake sale, welcomed new volunteers to our Olde Forge family and introduced many new clients to programs and services. We also worked very hard to advocate to the provincial government for sustainable funding for our vital services. Despite support from local politicians, countless media interviews, spearheading a letter writing campaign, and presenting our case alongside our network of Community Support Service providers across the province, we have not yet been successful in securing this vital funding. Regrettably, this means we will be seeing cuts to our programs which will lead to longer waitlists for services. We apologize profusely for this and want you to know that Olde Forge staff, board and volunteers are doing their best to be creative with the resources we do have.

We would be remiss if we didn't thank our generous supporters who help us financially by volunteering, participating in our fundraisers and advocating on our behalf. It is you, combined with our amazing and dedicated staff, who make The Olde Forge great! We are truly grateful to you.

Best regards,

Colleen Taylor  
Executive Director



# A Year in Review

## Highlights and Accomplishments

- Launched the YOUR STORY. OUR CARE Awareness Campaign to show how seniors and adults with disabilities can thrive at home when supported by community programs.
- Partnered with the Ambleside Drive condominiums and Queen's University to pilot the first Oasis Expansion program in the Ottawa area.
- Hosted Kamal Khera, Minister of Seniors for the official launch of the Seniors in Canada New Horizons grant 2022-23.
- Developed an awareness campaign highlighting the role of Community Support Services in Ottawa and presented to both the Federation of Citizens and the City of Ottawa Community Services Committee.
- Led significant advocacy efforts to draw attention to the serious underfunding across the Community Support Service sector.
- Hosted the Parliamentary Secretary to Minister of National Revenue to share feedback on our significant involvement in the CVTIP program.
- Announced the creation of the Barb Lajeunesse Community Builder Volunteer Award.
- Updated the corporate logo and extended corporate branding to Olde Forge vehicles and staff jackets to increase visibility.
- Redesigned the website and information brochures to support a user-friendly format.
- Participated in Community Outreach at Carlingwood Mall for Wellness Month.
- Transitioned many programs, services and events back to in-person formats while still maintaining a selection of online/telephone programs to support inclusion.
- Partnered with the Canadian Wildlife Federation to create an intergenerational gardening program.
- Received one time funding for a 3rd Adult Day Program to help reduce the growing waitlist of clients looking for service.
- Continued our involvement in both Ottawa OHT and Ottawa West Four Rivers OHT.
- Hosted Social Service Relief Funding on behalf of 7 partner agencies to address food security and provision of essential items to vulnerable adults in Ottawa.
- Transitioned the organization to a new payroll/HR system.
- Olde Forge Day Program staff and volunteers received specialized training in the Best Friends Approach for Dementia care.





# The Year in Pictures





## DAY PROGRAM/DINERS CLUB

**641** Day Program Attendances  
for 39 clients

**43** Luncheon clients



## SENIOR CENTRE WITHOUT WALLS:

**1180** hours of programming  
(27% increase)

TRIVIA  
NIGHT

## HOME SUPPORT SERVICES

**3869** hours of Service

**276** Clients



## TRANSPORTATION

**5399** Drives for **332** clients  
(22% increase)



## RECREATION

**218** Active Clients

(27% increase from the previous year)

**22** Male Participants

(45% increase from the previous year)

**22** Unique Programs

13 In person programs (54% increase)

9 Virtual programs

## INCOME TAX

**591** Clients Served

A total of \$1,011,293.34 in tax credits  
back  
in the pockets of our community.



## GROCERY SUPPORT

**1225** Deliveries  
to **51** Clients



## SUBSIDY PROGRAM

**1063** services  
provided to  
**53** clients



# Senior Trends

## Our Clients

The Olde Forge provides programs and services to seniors and adults with physical disabilities from Ottawa community neighbourhoods including; Woodvale-Craig Henry, Whitehaven, Queensway Terrace North, Queensway Terrace South, Westboro, Crystal Bay/Lakeview Park, Iris, Laurentian, Qualicum, Redwood park, Trend/Arlington, Woodroffe-Lincoln Heights, Bells Corners West/East, Bayshore, Braemar Park, Bel Air Heights, Copeland Park, Briar Green, Britannia Village, Carlington, Carlingwood West, Glabar Park, McKeller Heights, and Centreponte.

## NATIONALLY



**One in Five**  
Canadians are aged 65  
and older.



**Canada's seniors age 85+ are  
the fastest-growing age group.**

Since 2016, the number of people aged 85+ grew by 12 per cent - more than twice as high as the overall growth of the Canadian population at 5.2 per cent.

**Seniors 85+ have more than doubled since  
2001 and are expected to triple by 2046 .**

## OTTAWA



Between 2016 and 2021, the population of seniors in Ottawa increased by 19.4 %. This is greater than the national increase of 18.3 %.

**1 in 4 older adults are living alone  
1 in 11 older adults are living in low income**

## OUR COMMUNITY



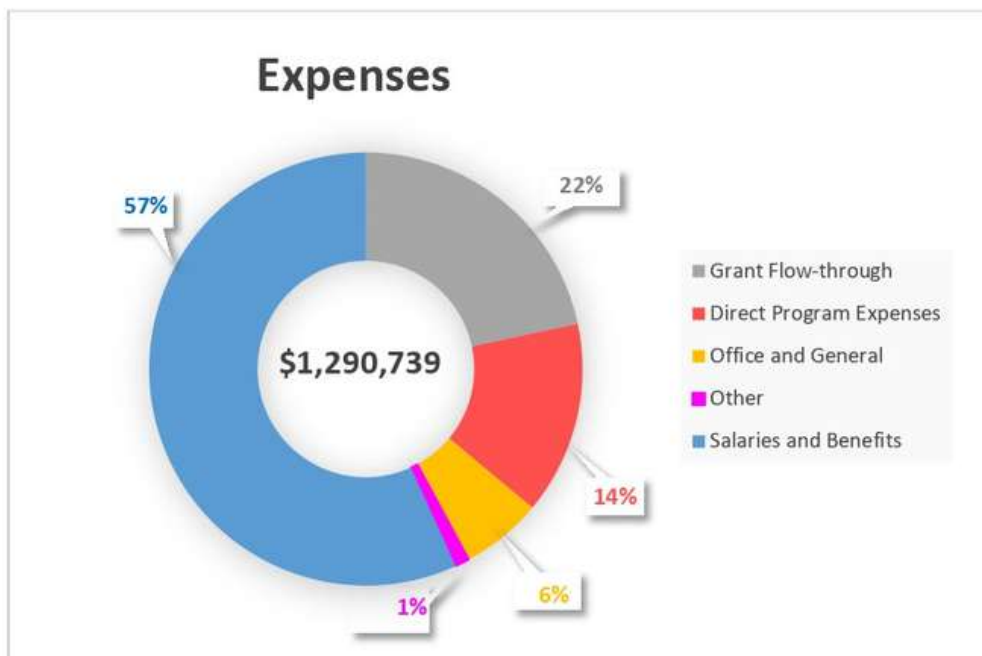
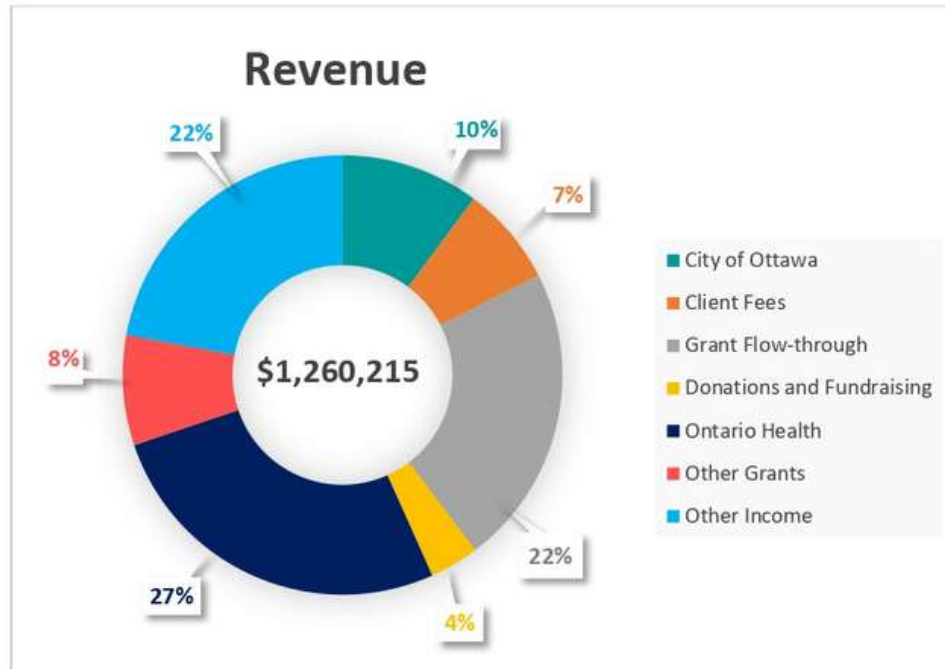
In Ottawa West Nepean,  
Adults 65+ represent 24,075  
of the population or **20.7%**.

The Olde Forge supports **4 of the top 15**  
neighbourhoods in Ottawa with the  
highest population of seniors.  
**(Including the top 2 positions)**

**BAY WARD HAS THE SECOND-HIGHEST CONCENTRATION OF  
SENIORS IN CANADA.**



# Financials



# Funders



**Ontario Health**

Funded by the  
Government of Canada's  
New Horizons for Seniors Program



**Ontario**

Ministry of Seniors and Accessibility

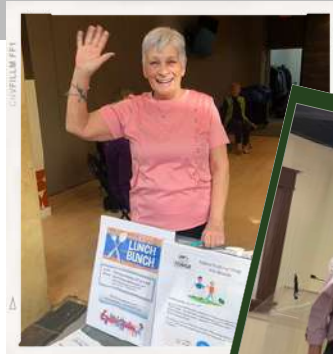


Ontario  
Trillium  
Foundation



Fondation  
Trillium  
de l'Ontario

An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario



# Partners and Supporters

**Ottawa West  
Four Rivers**  
ONTARIO HEALTH TEAM



ÉQUIPE SANTÉ OTTAWA  
**Ottawa Ouest  
Quatre Rivières**

**Ottawa Health Team**  
Équipe Santé Ottawa



Champlain  
**Community  
Transportation**  
COLLABORATIVE



**CLV GROUP**



CENTRE DE SANTÉ COMMUNAUTAIRE  
**PINECREST-QUEENSWAY**  
COMMUNITY HEALTH CENTRE



**ROSSS**  
Rural Ottawa South Support Services



Réseau de soutien communautaire de  
**CHAMPLAIN**  
Community Support Network



CANADIAN WILDLIFE  
FEDERATION  
FÉDÉRATION  
CANADIENNE DE LA FAUNE



Connected Canadians

revera



**iA**  
Private Wealth™

